

Black Adventure Guide

Everything to know before your Adventure!







Embark on an exhilarating 3-hour harnessed adventure at heights with our expert guides.

While no prior experience is required, good general fitness is necessary to enjoy this adventure safely. Wild Apex Adventure is held completely outdoors, be prepared for sun and/or rain.



Briefing & harness up at Adventure Base Camp.

Practice clipping into the safety line and getting into position for abseiling.





Traverse and climb on metal rungs and ladders across the three Karsts.

Cross 2 suspended bridges high above the ground.



A good head for heights is required as you will be stepping on metal rungs with sheer vertical drops below.



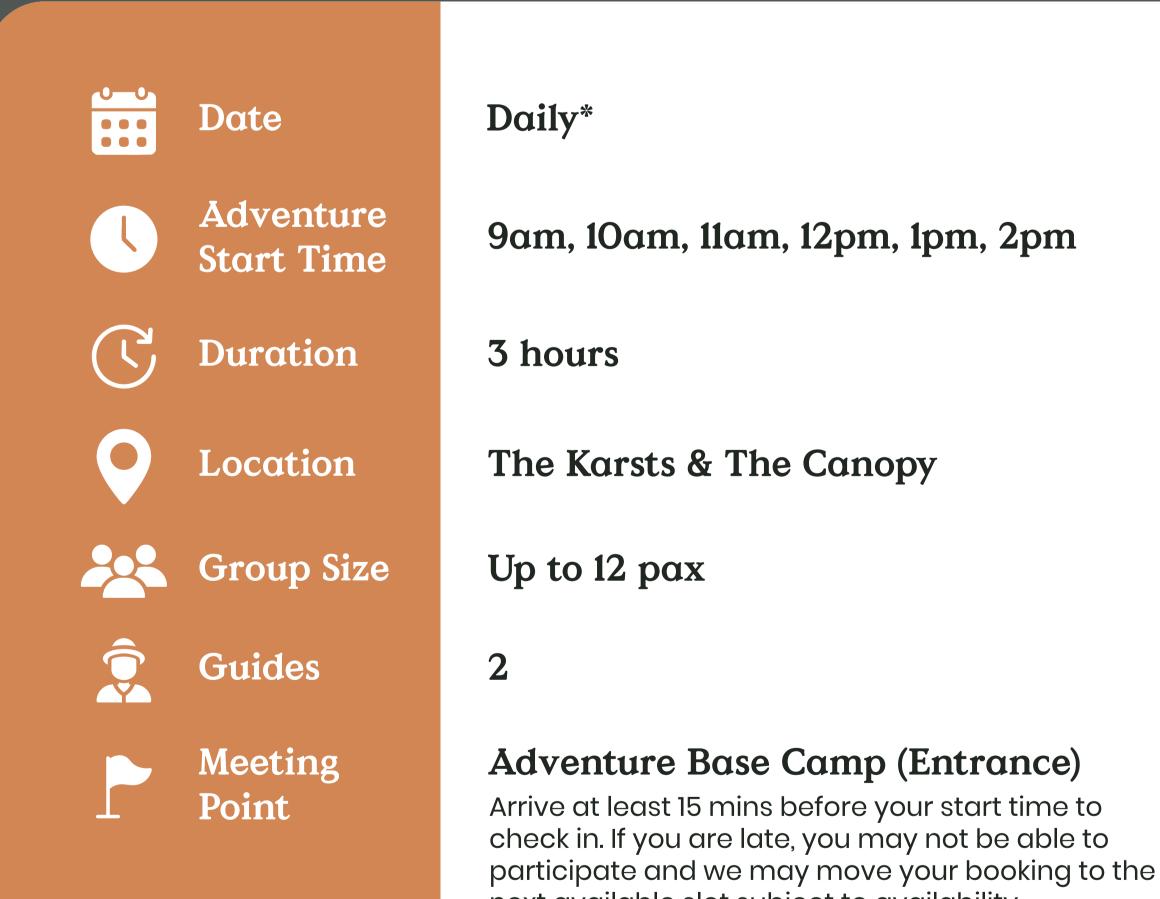
Throughout the route, there are several viewpoints to spot the Francois' langurs. At the highest point of the Karst, you can also enjoy a panoramic view of the rainforest.



In the final stretch, you will be stepping off the Karst ledge for a controlled descent, aided by a mechanical device.



The finale of the adventure is a hike to the Langur observation deck at The Canopy for chance encounters with the Javan langurs or Red-shanked douc langurs.





next available slot subject to availability.

All participants must complete the "Waiver and Consent form" on-site Participants who are below 21 years old (as of D.o.B) must have the waiver completed by a parent or guardian. Without the completed waiver, you will not be able to participate.

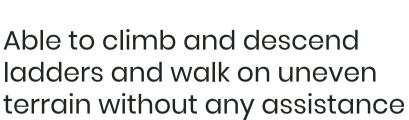
*Please check website for latest information on scheduled closures

MUST To participate in the Wild Apex Adventure, you satisfy all the following criteria:



Minimum height: 1.35m Maximum height: 2.1m

Minimum weight: 20kg Maximum weight: 120kg





Able to fit securely into the harness provided



Not under the influence of any drugs or alcohol

For your own safety, you MUST NOT participate in the Wild Apex Adventure if you have/are:



Pregnant

Heart conditions



High or low blood pressure

History of neck, back, knee or ankle injuries or any other physical limitations



Frail or brittle-boned

Recovering from surgery or still in a cast or brace for support



Pre-existing health or medical conditions

Conditions for a **SAFE** adventure experience:



Sports attire and sports shoes are required

Bring a water bottle





No slippers, sandals or loose-fitting footwear



No loose or dangling

items and jewellery



No sharp objects, selfie sticks or tripods are allowed

You must be in good health and free from any health or medical conditions, injuries or physical impairments. Please seek medical advice if uncertain.

Mandai Wildlife Group reserves the right at its sole discretion to stop your participation in the activity at any time.

Wild Cavern Adventure (WCA)

Venture into the cave on a guided 3-hour harnessed adventure navigating tight spaces in the dark.

No experience is required as you will receive training on how to clip into the safety line and abseil before starting your adventure.

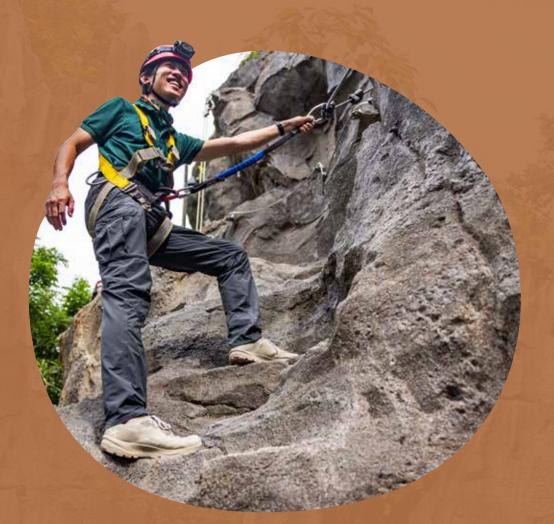


Briefing & harness up at Adventure Base Camp.





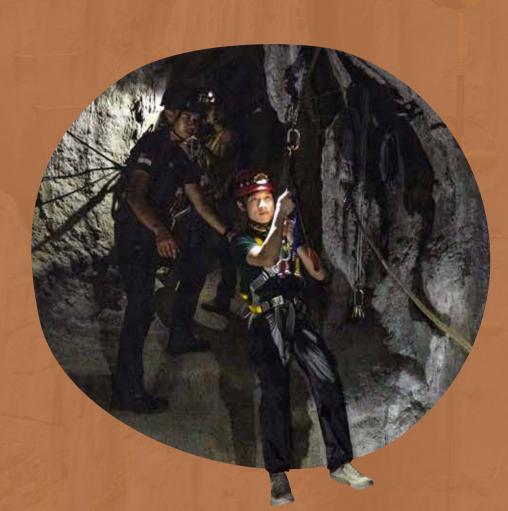
Practice clipping into the safety line and getting into position for abseiling.



Begin with a 30m rock scramble and climbing a ladder to the cave entrance at 7m above ground.



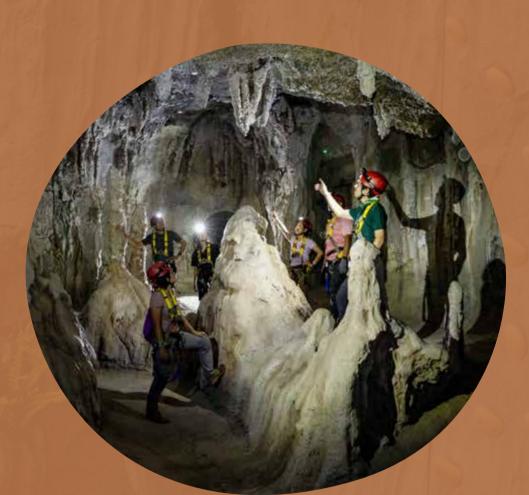
Upon entering, adjust your eyes to the dark and rely on your headlamp to illuminate your path.



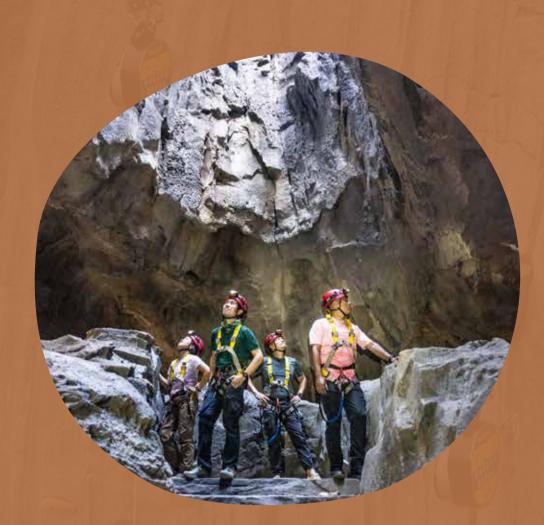
Pull yourself across a void on a horizontal rope but not to worry as you are always connected to the safety line.



Experience abseiling in the dark and other highlights including a quiet moment in complete darkness and navigating through a narrow tunnel.



Upon exiting the cave, you will be guided through the main cavern,



A real treat awaits as you conclude your rock-solid

learning all things speleothems (geology-speak!)

adventure with an exclusive photo opportunity at the Oculus.

Daily*
ure me 9.30am, 10.30am, 11.30am, 12.30pm, me 1.30pm, 2.30pm
n 3 hours
n The Cavern
Size Up to 12 pax
2
Adventure Base Camp (Entrance) Arrive at least 15 mins before your start time to check in. If you are late, you may not be able to participate and we may move your booking to the next available slot subject to availability.
All participants must complete the "Waiver and Consent form" on-site Participants who are below 21 years old (as of D.o.B) must have the waiver completed by a parent or guardian. Without the completed waiver, you will not be able to participate.

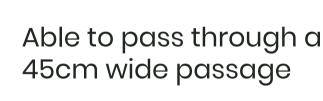
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To participate in the Wild Cavern Adventure, you MUST satisfy all the following criteria:



Minimum height: 1.35m Maximum height: 2.1m

Minimum weight: 20kg Maximum weight: 120kg



terrain without any assistance Able to fit securely into the harness and helmet provided

Able to climb and descend

ladders and walk on uneven



Not under the influence of any drugs or alcohol

For your own safety, you MUST NOT participate in the Wild Cavern Adventure if you have/are:



Pregnant



Heart conditions



High or low blood pressure



History of neck, back, knee or ankle injuries or any other physical limitations

Fear of dark or enclosed spaces



Frail or brittle-boned

Recovering from surgery or still in a cast or brace for support



Susceptible to panic or anxiety attacks



Pre-existing health or medical conditions



Sports attire and sports shoes are required

Bring a water bottle







items and jewellery No sharp objects, selfie sticks or tripods

are allowed

No slippers, sandals or

loose-fitting footwear

No loose or dangling

You must be in good health and free from any health or medical conditions, injuries or physical impairments. Please seek medical advice if uncertain.

Mandai Wildlife Group reserves the right at its sole discretion to stop your participation in the activity at any time.

Tips to a safe and enjoyable adventure



Arrive early

Arrive at least 15 mins early in case of unforeseen delays. The guided adventures will start on time and there will be no refunds for late arrivals. You may be able to join the next available session, subject to availability.



Listen to your guide

Listen closely and always follow all instructions from your guide. While on the adventure tour, stay close to your group.



Challenge by choice

You are encouraged to step out of your comfort zones and try new challenges, choose what feels right for you. Speak to the supportive guides and they'll be happy to help you participate at your comfort level.



Power up with a light meal

Do eat a light meal to keep yourself energized throughout the 3-hour adventure. There is an opportunity for you to purchase a snack during Wild Apex Adventure.



Be prepared for sun and rain

Rainforest Wild ASIA offers a fully outdoor experience, immersed

in the lush rainforest environment. Bring sun protection for sunny days and rain gear for the occasional rainy showers to ensure you're ever ready for the adventure ahead!



Stay hydrated, bring a water bottle

The weather in Singapore is hot and humid. Keep yourself hydrated with your water bottle and water refill stations near the washrooms (except Sentinel Foodhall).



Wear sports shoes with good traction

The adventures may take you through forest treks which may be wet and muddy after rain. Get ready for mud if you are walking through them.



Animal chance encounters

You may get to encounter animals along your adventure. Be respectful and keep your distance.

FAQ

1. What should I wear or bring along?

You should be in sports attire with long pants and sport shoes. Water bottle is a must, preferably one with at least 750ml capacity.

2. Wild Cavern Adventure - How do I know if I can pass through the tunnels?

Walk through the squeeze check at the Adventure Base Camp (Entrance) as it simulates the narrowest tunnel in the cave. A best kept secret - there is a bypass route that you can take to skip the narrowest part of the tunnel (we won't tell).

3. Can I bring my phone?

An accessory pouch will be provided for you to safekeep your phone. For safety reasons, you may not remove your phone from the pouch unless it is safe to do so at various points along the adventure. Our adventure guides reserve the right to determine if a particular device can be brought along the adventure.

4. Can I bring my adventure camera?

Only adventure cameras safely secured on a wrist strap/band, and used on the non-master hand can be brought along for the adventure. Our adventure guides reserve the right to determine if a particular device can be brought along the adventure.

5. Can I wear sandals?

For your safety, only fully covered closed toe sports shoes are allowed.

6. Can I bring my own helmet and harness?

You must use our approved safety equipment. No other external equipment can be brought along and used.

7. Can my child go alone?

Please keep in mind that children may find the activity both physically and emotionally challenging. We strongly encourage adults to accompany children.

8. What if I am unable to complete my adventure? Can I get a refund?

Tickets are non-refundable. We advise you to assess your abilities to complete the adventure before making your purchase.

9. What happens in the event of bad weather?

The adventures will carry on in light rain but will be suspended during heavy rain and/or when lightning has been detected.

If you are already on the adventure, your guide will provide more information to safely descend and seek shelter.

If your adventure has not begun, the start time will be delayed. An alternative adventure may be provided, subject to availability.